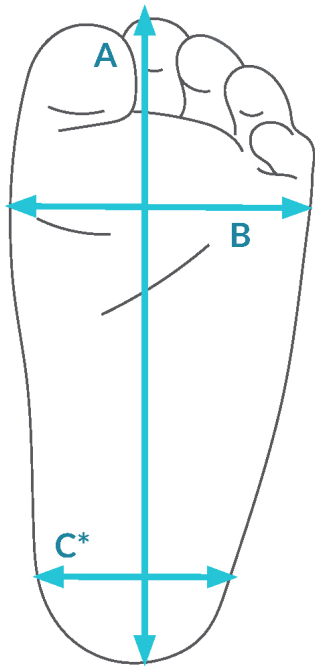


Sizing Chart



LENGTH AND WIDTH MEASUREMENT LOCATIONS

Ensure heel is fully encompassed into the heel pocket – size most dependent on heel measurement.

AFO Size	Foot Length (mm)	Foot Width (mm)	Heel Width (mm)
000	88 mm	45 mm	30 mm
00	92 mm	47 mm	35 mm
0	97 mm	50 mm	37 mm
1	102 mm	52 mm	40 mm
2	112 mm	53 mm	42 mm
3	122 mm	55 mm	45 mm
4	133 mm	58 mm	47 mm
5	143 mm	60 mm	49 mm
6	153 mm	62 mm	50 mm
7	163 mm	64 mm	52 mm
8	173 mm	66 mm	54 mm
9	183 mm	67 mm	56 mm
10	198 mm	68 mm	58 mm
11	208 mm	70 mm	60 mm
12	218 mm	72 mm	62 mm

When sizing, we recommend leaving 5 mm to 10 mm room for growth; i.e. a foot length of 90 mm would be size 0. The sizing above is the exact dimensions of the Iowa AFO. Bar sizing for the Iowa Flex bar and D-Bar EZ Click bar should be to outer edge of the patient shoulders.

D-Bar EZ Click Bar 15° Angle

Bar Size (SDCBMD)	Min Width	Max Width
Small	15.0 cm / 6 in	23.0 cm / 9 in
Regular	23.0 cm / 9 in	35.5 cm / 14 in

Iowa Flex Bar

Width (in.)	Angle
Size 1 – 8 in.	15°
Size 2 – 10 in.	15°
Size 3 – 12 in.	15°
Size 4 – 13 in.	15°
Size 5 – 15 in.	15°

For more information, email: info@clubfootsolutions.org